


In partnership with:




Oxfordshire Community
Musculoskeletal Service


**Did you know that you can self-refer to your local
physiotherapy service without the need to see your GP?**



I completed an
immediate digital
initial assessment
via PhysioNow®



You can refer
yourself into
the service
24/7



Visit
[www.connecthealth.
co.uk/resources/
physionow](http://www.connecthealth.co.uk/resources/physionow)



Alternatively, please call
01865 634 336 and our Patient Care
Coordinators will be happy to help.

 Lines are open Mon-Fri 8.30-17.00

Additional Information

- Scan to access information or resources online.
- You can self-refer to the service for physiotherapy if you are over 18 years of age.
- If your problem relates to pelvic health physiotherapy, podiatry or chronic/persistent pain please speak to your GP.
- A family or friend can refer you to the service if you are unable to do so. Please note that they will need to provide your name, date of birth, address and NHS number.
- Your data is safe with us. You can access our Privacy Policy at www.connecthealth.co.uk/policies



We look forward to helping you achieve your goals.